

EXPLORING...

Recalling your dreams and passions to help guide you to a rewarding career.

2

YOUR PASSIONS.

What are you passionate about?
What matters to you? Write these in the space below. Don't use any judgments. Don't leave anything out. Just write.

3

WHAT I LOVE TO DO.

Do you have any hobbies or activities that you simply love to do? If you don't consider these activities as a passion or a dream but you still love to do it – write it down in the space above. Don't use any judgments. Don't leave anything out. Just write.

1

YOUR DREAMS.

Think about career dreams you once had or you still have. Write these in the space above. Don't use any judgments. Don't leave anything out. Just write.